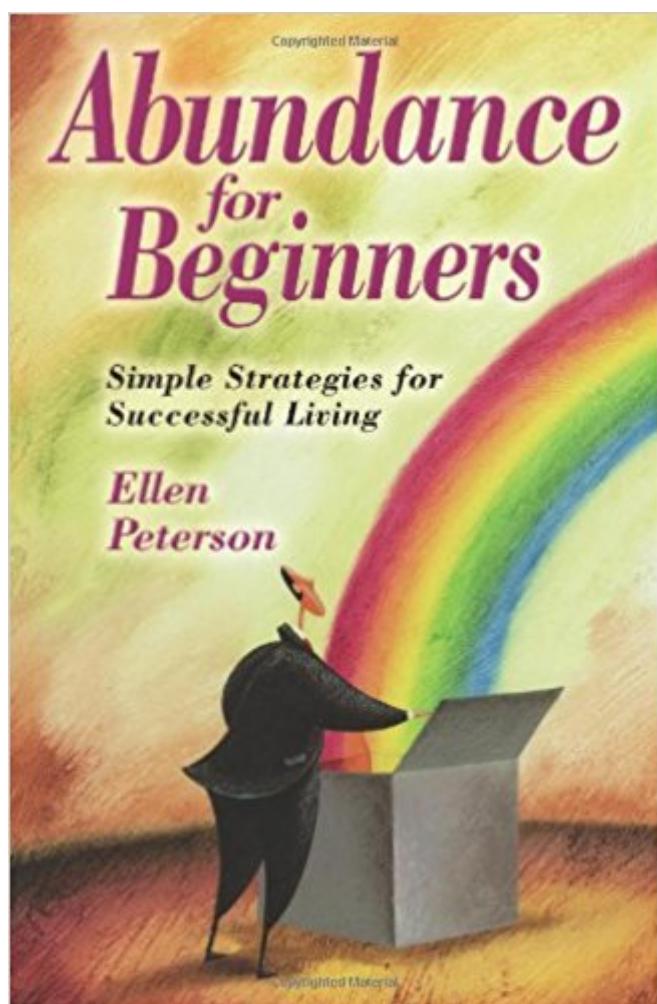


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# Abundance For Beginners: Simple Strategies For Successful Living (For Beginners (Llewellyn's))



## **Synopsis**

Abundance for Beginners will teach you how to tap into powerful universal energy to help manifest your dreams. You'll learn how to connect your desires with tangible beliefs and actions through visualization exercises, affirmations, intention-setting, and energy work. You'll also discover the importance of spirituality, positive thoughts, generosity, and integrity in creating an abundant life filled with blessings and gifts, such as:

Peace of mind  
Time to do what you want  
The perfect job  
Vibrant health  
A loving partner  
Financial security  
Using the simple strategies and time-proven techniques in this book, you can attract happiness and abundance into your life!

## **Book Information**

Series: For Beginners (Llewellyn's)

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## **Customer Reviews**

Ellen Peterson is a licensed and certified social worker in the state of New York. She has been in private practice at Avenues Counseling Center in Ithaca, New York for eleven years. She has developed and facilitated many groups on a variety of topics, and also facilitates weekend retreat programs and workshops, all of which serve to enhance participant's personal growth. Ellen is often called the "queen of manifesting," as the ease with which she continually manifests her own dreams and desires has been widely observed and she takes great joy in teaching others how to do so. Ellen Peterson has been interviewed on radio as well as on television and has been a presenter at the International Heart Centered Hypnotherapy Conference. She is a member of the National

Association of Social Workers and the Association of Heart Centered Hypnotherapy. Choosing Joy, Creating Abundance is Peterson's first book with Llewellyn. Â

Great book. I consider myself well studied when it comes to personal development and growth. But, this book, while it's titled "for beginners" it really pulls everything together. Maybe I should have read it as a beginner! It's easy to read. Explains everything in an understandable way. No fluff. I especially appreciate no fluff!!

excellently written, there is something in it for everyone; from beginners to refreshers.

Abundance For Beginner's gives to the reader enriching tools for understanding the power of intention and its relationship to abundant living. Through this book Ellen Peterson guides you in very practical ways to let go of limiting belief systems and open to new and powerful ways of thinking and living. This book helps you to take the first steps onto the path of abundant and joyful living. It is a must read for all those who are ready to create the life they truly desire.

Ellen Petersen's Abundance for Beginners is one of the essential how to guides to have in anyone's arsenal of happiness. A gentle reminder of how to get out of the rat race and attract and uncover the wealth waiting for you.

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